

# Annual Fund Raising Campaign 2007

Dear Neighbor,

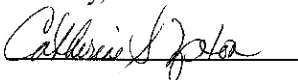
Your help is needed.....There are a surprising number of individuals in our neighborhoods who sometimes have to choose between their next meal or their medication. For the last 34 years Williamsburg Area Meals on Wheels has been alleviating that pressure for many in our community, by delivering a hot nutritious meal to those individuals in our community 18 and older who for a physical or mental impairment are unable to prepare their own meals.

Our goal has always been to preserve the independence of and the dignity of our recipients and help them stay in their homes as comfortably as possible. We are proud to say that we have been able to achieve our goal for many years. This past year though has brought us some challenges and our biggest challenge has been to keep up with the increasing client base without having to have a waiting list. This has only been accomplished by the generous donations we have received over the last few years. Over 70% of our clients can not afford to pay the full cost or any portion of the cost of their meal. On a weekly basis this percentage continues to increase at an alarming rate. In all our 32 years we have never had a waiting list nor have we ever turned anyone away who couldn't afford to pay for their meals. Without your continued financial support we may not be able to maintain that standard.

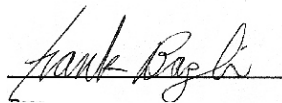
Monday through Friday, 90 volunteers deliver hot nutritious meals at noontime to those who qualify and live in James City County, City of Williamsburg and the Bruton District of York. Not only are we providing nutritious meals but our volunteers are also providing daily contact with an individual who may have no family in the area or who suffers from depression and has isolated themselves from society. Our volunteers are trained to notify our office when they have concerns about a recipient or when they are alarmed that there has been no response at the door when they have tried to deliver a meal. There have been several occasions this past year that a volunteer has notified us that they had no response at the door when they tried to deliver a meal. With the immediate investigation by our staff and the local Police Department we found that the recipient was in medical distress and needed to be transported to the hospital.

Please help Williamsburg Area Meals on Wheels ensure that our aged and handicapped individuals in our neighborhoods don't go without a hot, nutritious meal or daily contact. Help our neighbors by sending your 100% tax deductible donation today! Keep the wheels turning!

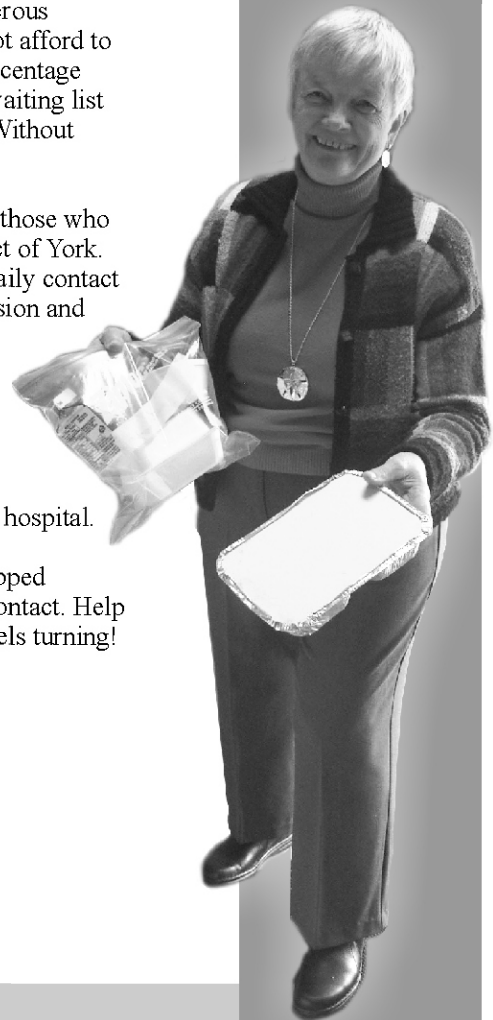
Sincerely,



Catherine S. Upton  
Executive Director

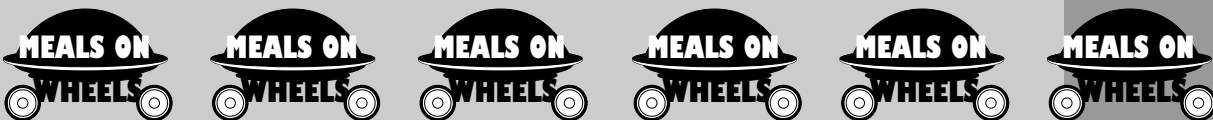


Frank Bagli  
Board Chairman



Meals on Wheels 501©3 A United Way Member Agency

## 757.229.9250



### Keep the wheels turning, we need your donations today!

Meals on Wheels 501©3 A United Way Member Agency, P.O. Box 709, Williamsburg, Va. 23187-0709